



The Community Suicide Prevention Network of Ottawa presents

SOURCES OF STRENGTH

**ONE OF NORTH AMERICA'S PREMIER SUICIDE PREVENTION PROGRAMS. A
UNIQUE OPPORTUNITY TO MEET THE PROGRAM CREATORS**

Mark LoMurray

*Founder and Executive Director
Sources of Strength*

Dr. Peter Wyman

*Department of Psychiatry,
University of Rochester*

Don't miss this chance to meet the people who created Sources of Strength, a premier program being used across North America to prevent suicide among young people. You will:

- Understand the impact of Sources of Strength;
- Learn how to run this program for best results
- Find out how this program is being implemented across Canada and the US

MARCH 26TH, 2015 3:30PM -5:30PM
AT OTTAWA CITY HALL IN THE COUNCILLOR'S LOUNGE
SPACE IS LIMITED: RSVP TO aponcia@ysb.on.ca
This is a free event. Funded by the Ministry of Children and Youth Services

FOR INFO

aponcia@ysb.on.ca | 613.729.0577 x 1252 | @OttPrevention | www.cspn-rcps.com

Sources of Strength is a youth suicide prevention program that harnesses the power of peer social networks to change social norms, promote help seeking, and prevent suicide, bullying, and substance abuse.